

Vice Chancellor, budgets to be considered

BY KEVIN QUINN

Gateway Editor

The Board of Regents will deal with some old and some new tomorrow in Lincoln.

The old question of budgeting will surface as the regents will study three proposals for the 1981-82 fiscal year.

The proposals call for increases of 18 percent, 15 percent and 12 percent in tax support.

NU president Ronald Roskens proposed an 18 percent increase at last month's meeting, but the regents requested he offer two alternatives at the July meeting.

Roskens' original request called for \$218.3 million for the operating budget, an 18 percent. Alternative plans call for \$214.6 million (15 percent) and \$211.7 million (12 percent).

All three plans call for an increase in tuition.

The new business consists of

approving the recommendation of Richard E. Hoover as vice chancellor for educational and student services.

Chancellor Del Weber culminated a seven-month search by choosing Hoover to succeed Dr. Ronald Beer, who left for a similar post at Oklahoma State.

The 36-year old Hoover, who currently serves as associate dean of students at the University of Missouri at Kansas City, will do a "super job," according to Weber.

"He has extremely high credentials, and everyone we contacted about him held him in highest regards," said Weber.

"Plus, the student leaders who interviewed him this summer were all very high on him. He'll be a very capable replacement for Ron Beer, and that's no easy act to follow."

Weber said the fact that Hoover is coming from a commuter campus like UNO will be an advantage.

"He understands the differences between commuter and residential institutions. He's also very easy to communicate with and he has demonstrated grant-getting ability in his past jobs."

"He has a firm understanding of students and a strong desire to work with them as well. Overall, he's just a real attractive candidate," Weber said.

If the regents approve Weber's choice, Hoover will begin work at UNO Sept. 1. His yearly salary will be \$43,500.

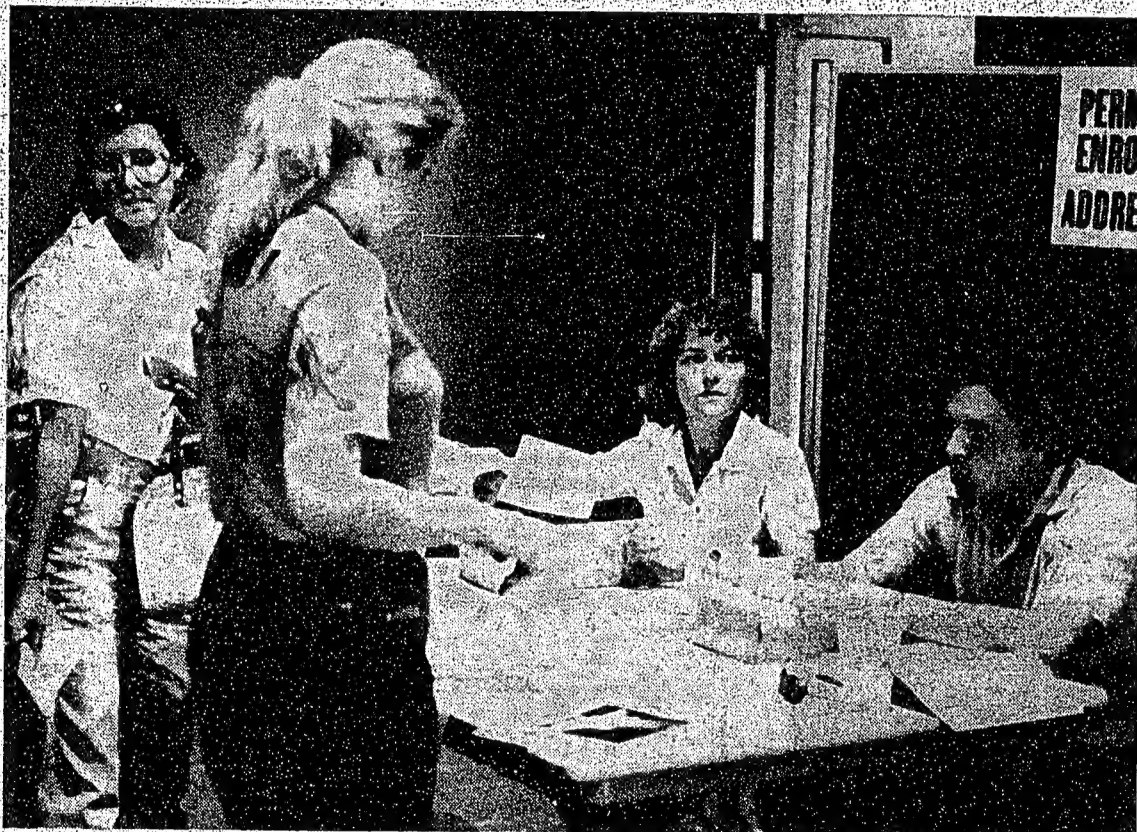
Hoover, who holds a doctorate in higher education administration from Florida State, received his bachelor's degree from Penn State and a master's degree from Rutgers.

He has served as the administrative assistant to the dean of students at Rutgers for two years before moving on to UMKC in 1970.

gateway

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Providing help... for incoming freshmen and transfer students were the orientation workers.

Registration made maze-ingly easy

BY JANET BROCK

Gateway Staff Writer

Deciding class schedules and surviving the bureaucratic maze of registration was made easier for new students during orientation this week.

Monday was the beginning of the pre-registration phase of orientation for freshmen and transfer students which will last through Aug. 22.

"The selling point of orientation is registration, which allows students to get a head start in the semester," said coordinator Mary Mudd.

At pre-registration, students can get class schedules completed and meet in small groups with student leaders from their college to ask questions about classes and other services on campus, according to Mudd.

Students have already

prepared their schedules even before registration due to a new program this year called pre-orientation advisement. Between May 19 and July 18, students made appointments with advisors in their college to help plan their fall schedules.

According to Mudd, this program was started because most students had no contact with an advisor until orientation and did not know what the requirements were.

She added that pre-advisement encourages individual responsibility. "It shows them that now they are adults. They have to sit down with an advisor because they are responsible for their own schedule and to get signatures," she said.

Most students at registration Monday said they had already planned their schedules with an advisor. According to one student, planning ahead made registration "quite a bit more organized."

Orientation not only allows students to register early, but lets them and their parents ask questions about the university and college life.

At the Dean's Seminar, students and parents met with deans to discuss courses and career opportunities. There was also an activities fair where students could find out more about special services such as the Learning Resource Center and the Career Development Center.

According to Mudd, students

(Continued on p. 2)

Gust: Stress a 'serious problem'

BY PAMM KILLEEN

Gateway Staff Writer

Don't smoke. Don't eat animal fat. Eat whatever you please. Watch your weight. Obesity bears no relation to heart disease. Jog. Don't jog. Avoid cholesterol, sugar and starch. Avoid whiskey and sex.

We have all heard these statements at one time or another. How do we know what to believe? How do we know which of these statements really have a bearing on our health?

Although all of these affect our health, none of them affect us like the daily wear and tear of stress, according to Dr. William F. Gust.

Dr. Gust, an assistant professor at the University of Nebraska Medical Center and the Associate Chief of Staff for Education at the Veterans hospital, said the effects stress has on health is a "serious problem" for many Americans.

"We are a success-oriented people, we always push ourselves" and this can be deadly, according to Gust.

"Stress can cause serious health problems if not minimized by exercise, alcohol in moderation or other diversion tactics," the doctor added.

Stress manifests itself in many ways. Hypertension and heart disease are believed to have a direct relationship to the patient's ability to cope with stress-filled situations.



Gust... has suggestions for dealing with stress.

Dr. Gust said health problems caused by stress are "getting worse, maybe because we recognize them more now." We must find a way to "cope with our frustrations in a socially acceptable way," he added.

"Jogging or a light exercise program was suggested by Gust as a means of releasing tension caused by stress. It need not be a strenuous program.

He also suggested that people skip coffee and tea. "They just make you more tense."

If exercise doesn't appeal to you, Gust said any diversion like

reading or gardening will accomplish the same thing. For example, he said, "Roosevelt Grier, the football player, knits to unwind. And who's going to question him about that?"

We all relax in different ways. For some of us, a drink or two does the trick. Gust said "moderation is the key." This means one beer or one glass of wine a day.

The alcohol causes a chemical change in the blood that is good for the heart.

The use of yoga and transcendental meditation is also

a good method for reducing the effects of stress, Gust said. They allow a person to lower his own pulse rate.

The assistant professor has spoken to many groups in the past few months on methods of dealing with stress in a working situation.

One of the workshops was sponsored by the Federal Women's Program Committee for federal employees in Omaha. Gust explained the effects of stress and ways to deal with it.

The doctor bases most of his talks on a concept that Drs. Friedman and Rosenman introduced a few years ago in their book, "Type A Behavior and Your Heart."

The concept is basically an identification of two major types of behavior — type A coming from a person who is obsessed with time urgency, self-disciplined, success-oriented and aggressive, and type B coming from a laid back "kind of person who isn't easily hurried or rarely is impatient."

There is also a combination of the two, but most of us are more of one type than the other, according to Gust.

According to Friedman and Rosenman nearly 40 percent of all Americans are type A personalities. These are the people most likely to suffer heart disease, the No. 1 killer

(continued on page 7)

inside guide:

— UNO's Great Teacher Award Winner isn't nostalgic. He's going to have some fun in his retirement. See page 2.

— Matthew Stelly has the sneaking feeling that one of our favorite regents is trying to turn UNO into a — get this — vocational school. What's that? See page 4.

— Our editorial staff is nearly unanimous for lynching Mike Kohler, who slams both Judy Collins and Harry Chapin in the same column. Oh, well, if you wanna read his idyllic chatter. See page 5.

Prof to retire after 44 years of teaching

BY DIANA FAILLA

Gateway Staff Writer

With no feelings of nostalgia, UNO's 1980 Great Teacher Award winner Dr. Paul Haeder, Professor of Mathematics at UNO, will be retiring this summer after forty-four years of teaching math.

Haeder began teaching in 1936. He taught mathematics at the University of South Dakota and at Iowa State University. Haeder currently teaches undergraduate calculus and graduate courses in his own field of "partial differential equations" at UNO.

Haeder believes that every college teacher needs a philosophy to teach by. He suggests seven rules to successful teaching:

— Student's individual problems should take top priority over all other university activities.

— Student's will lose respect for you if you develop a buddy system. Avoid it.

— Provide lots of counseling. "Students like to just come in and talk."

— Don't coddle students. "Good students don't appreciate 'A' grades if everyone else gets an 'A'."

— "You'll get lots of ideas from others in your profession if you get involved with local, state, and national organizations."

— Study constantly. "I've never stopped studying."

— Believe in the autonomy of professors in working with students. "Administrators should never interfere with the way a professor handles his classes."

Haeder's most important principle in teaching has been that of direct work with students.

Haeder's rules seem to have

paid off. For three years he was a finalist in the running for the Great Teacher Award. This year, his retiring year, he won it. Haeder received the award and \$1,000 at the spring graduation ceremony.

He has spent portions of his career as an instructor, a coach, and a superintendent of several school systems in South Dakota, the state he is originally from.

Haeder is currently an associate editor of the American Mathematical Monthly. He will also retire from the magazine at the end of the summer.

Haeder was a grandfather while he was still studying for his doctorate at Iowa State. Haeder says his family is very education oriented and that's why they sacrificed willingly while he was in school.

Haeder has three daughters and one son who have received a total of seven degrees. However, Haeder does not recommend going to school as late as he did. He says, "You should keep it up when you're younger."

Haeder says, "The most rewarding thing in my teaching career happened here, when the students in one of my calculus classes brought me a trophy entitled, 'Professor of the Year'."

"It stood about eighteen inches high. It is one of my most prized possessions."

"I'm going to retire from everything and just relax for awhile," says Haeder. He and his wife will remain in Omaha for another year. Then they may return to his farm in South Dakota. They also plan to do a bit of traveling.



Haeder... Seven rules for successful teaching.

Registration easy

(continued from p. 1)

get a chance to discuss their concerns on a one-to-one basis. "It's very personal because students can talk to the dean personally and student leaders can share their personal experiences, like fears of keeping up and having trouble studying, with new students."

Most students said that orientation has helped them, especially to get to know the campus and to make out their schedule, but some still have their fears.

"I think studying and not being able to keep up are my biggest worries," said freshman Cathy Cvitak, who is majoring in

engineering and carrying 15 hours.

Donna Goodman said trying to find classrooms and being on time to class are her concerns. Business major Stacy Schmid sums it up when she says, "just getting through it" is her primary fear.

All orientation activities are free this year. According to Mudd, orientation is state-funded now because the University feels it is a service they should provide.

She added that the minimum deposit this year is \$110 and tuition has been raised to \$26.50 per credit hour.

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Demonstrators must consider ultimate choice

Quite an impressive lot, those patriots outside the Federal Building screaming "Draft beer, not people."

Who could conceivably argue their logic? Who could possibly withstand the onslaught of world knowledge which so obviously forms the basis of that philosophy?

Well, we don't proclaim to have quite as firm a grasp on the world situation as the demonstrators do.

So we will attempt to dispel any notions of total knowledge on our part in the interest of raising just a few points relative to the draft registration now under way.

To those resisting the draft registration, we would ask: Does anybody really want war? Are you the only people for peace?

The answer to both is probably not.

Why, then, do people view the registration as a government promotion of a war that, in all likelihood, will lay to waste the earth as we know it?

We feel it is a necessary, precautionary measure to promote the expeditious organization of the U.S. military in case warlike aggression by other countries directly affect this country's interests.

No catchy slogans will erase the reality that hangs like a black cloud over this planet. One can hide one's eyes for only so long. One can stand behind the flag of idealism for just so many threatening eventualities.

Everyone, we feel safe in saying, would reject war so long as their lives went unaffected by acts of aggression elsewhere.

But the recent progression of world events isn't encouraging. Conscientious objectors certainly have rights to their views. And their opinions are definitely valid.

But they ask someone — anyone — to justify war. No one can.

They can't kill another human, they say.

Most folks can sympathize with that. But it could come to — cliché time — kill or be killed. What then?

On the other hand, who can justify standing by to watch the erosion of two centuries of progress and work toward unprecedented heights in human achievement and human goals?

This isn't to deny that the U.S. has a long way to go. We are a country saddled with prejudice and scarred by internal strife.

In many cases this is because we have failed to live by the recommendations of the authors of the Declaration of Independence.

In many other cases, it is because our people have the freedom, by law, to disagree and to express that disagreement.

In what communist countries could these bands of demonstrators gather to express themselves in such a way?

As much as most people detest war, and as much as most people detest killing, it is still important for our country to be ready to become mobile in the event of warlike activities in nations across the globe.

When faced with the ultimate choice of defending the type of life granted by our country's greatness or slowly succumbing to the dehumanization process known as communism, we wonder which these demonstrators will choose.

If they choose the former, we would merely ask, "Is it not worth fighting for?"

If they choose the latter, we would not protest a portion of our tax money going toward the purchase of one-way tickets to Red China, Iran, Vietnam or Russia.



gateway

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Grade-scale scenario: It could happen to you

UNO students, picture this: Someday you're going to be out on a job interview with the corporation of your dreams. Good money, outstanding benefits, a decent pension plan, the whole works.

You make it to the final cut, so to speak, and it's just between you and, say, one of our brethren (or sistren) from UNL.

Hmmm, says the employer, you're both equal as far as qualification, experience, attitude, personality, previous employment records and hair color goes.

He is baffled. Torn, even. How to decide?

One last time both sets of records are thoroughly scrutinized. Aha! He's found it!

The UNL student is hired.

The employer grins that "Welcome-to-the-firm" grin and shakes the new employee's hand.

Good fight

Then he looks at you sympathetically, for you fought the good fight, maverick. Somebody had to lose, he explains, but you have a future. Go get 'em.

Thanks, sir. Seeya.

Oh, by the way, you say, just for the record, why was the other person chosen instead of me?

Oh, a higher grade point average. It was the only difference between us, huh? OK. Ciao.

Being the good sport, you take the victor out for a drink. After a few, you get the nerve to ask just what was the victor's GPA?

It was a 3.5, you are told.

Geez, yours was only a 3.0. You deserved to lose, it looks like.

But wait, what's this? You got straight Bs throughout your entire career? Never an A? Never a C, or D or F?

Nope.

How'd you get a 3.5, then?

Well, says the victor, UNL uses the plus grading system where an 85.6 percent grade constitutes a B+, rather than just the B UNO dishes out. The victor examines his/her nails, blows the dust off them and says he/she averaged 85.6 throughout college.

Another double

Get me another double, you call to the waitress. Things are a bit blurry now, but you recall people telling you that the 89.4 percent average you carried through four hellish years was fairly impressive. Your teachers all thought so.

You, too, never got an A, or a C or D or F. All Bs.

Vague recollections of a petition aimed at making the grading systems consistent at the Med Center, UNL and UNO filter through your clouded mind.

Wished you'd signed it, too. But you were busy studying.

Yes, you were a busy UNO student, studying hard, hoping to build a future.

Make that two doubles.

Verne's Views

INTRODUCTION

The purpose of this column is to provide members of the University community with information about parking permits, parking regulations, parking changes, and parking problems. Please take a few minutes each week and find out the latest in the "lots."

THE SCENE

Your vehicle has a dead battery and there isn't time to call the service station. You obtain permission from your sister, brother, or friend to use their vehicle.

Since this vehicle has a valid student permit you don't feel there will be any problems parking on campus. (If it doesn't have a permit you might take a chance this time and park anyway.)

You finish with your classes and head for the parking lot. Oh No! There's a Rhino Boot on the front tire. The Security officer or office advises you must pay \$20.00 or more before you leave Campus. Your explanation is simple, that's not my car, it belongs to my brother, sister, or friend.

The UNO Parking Regulations, Section XIX, state as follows:

Any vehicle with two or more unpaid violation notices which becomes delinquent, will be immobilized by the Campus Security Department using a Rhino Boot and will not be released until outstanding penalties and fees are paid. The owner/operator of such vehicle is responsible for the costs of immobilization, violation penalties, and towing and storage fees if applicable.

There you have it. Regardless of whether or not you were at fault, the violations will have to be paid before you leave campus. It would be to your benefit to check with individuals who are happy to lend their car to you, especially when they have previous unpaid violations.

Baby Oil Will Help

Going to take off your bumper stickers this summer? I noticed in the Omaha World Herald last week that a liberal application of baby oil to the sticky-gummy residue beneath the sticker will help clean your bumper.



Does Regent Hansen want a vocational school?

BY MATTHEW STELLY
Gateway Columnist

"To retreat from the pursuit of excellence is to be content with the mediocre, and I need not remind any of you that mediocre solutions will not resolve the critical challenges facing this country."

— C. Peter McGrath, President
University of Minnesota

McGrath uttered the preceding words at the World-Herald's scholarship dinner held at UNO in May. Perhaps if the Board of Regents — and UNO administrators — would have listened to these words, they would not be exposing their ignorance as they presently are concerning the so-called "Hansen Report."

Regent Kermit Hansen's report, among other things, calls for supporting Business Administration, Special Ed, Music, Public Administration (and the formation of a professional doctorate) and the Library.

Areas listed for "maintenance of excellence" are undergraduate instruction in Arts and Sciences, the Small Business Institute (CBA 401), Graduate Psychology, the Center for Applied Urban Research and the HPER program.

Know what this sounds like to me? Like the hackneyed Hansen-led Regents are trying to turn

UNO into a vocational school. Hansen's areas of "programs to be reduced or eliminated" bears out my accusation.

He has suggested that programs for decimation or destruction be: Graduate Programs in Education and Arts and Sciences, and the Urban Studies program.

As additional sources of income for UNO, the headlong Hansen suggests a reduction of personnel through elimination of selected administrative services and "collapsing vacancies" (in other words, a freeze on job positions). He says we should establish minimum class sizes and increases in present fees for selected student services (i.e. lab fees). His other considerations are not even worthy of consideration.

But there's another equally menacing element to consider — the fact that the Office of the vice-chancellor for Academic Affairs (Otto Bauer) issued a list of suggestions containing programs for elimination, reduction or consolidation.

In my opinion, this counterstatement is even more insidious, inane and individualistic than Hansen's hodge-podge. According to Bauer, increased support would

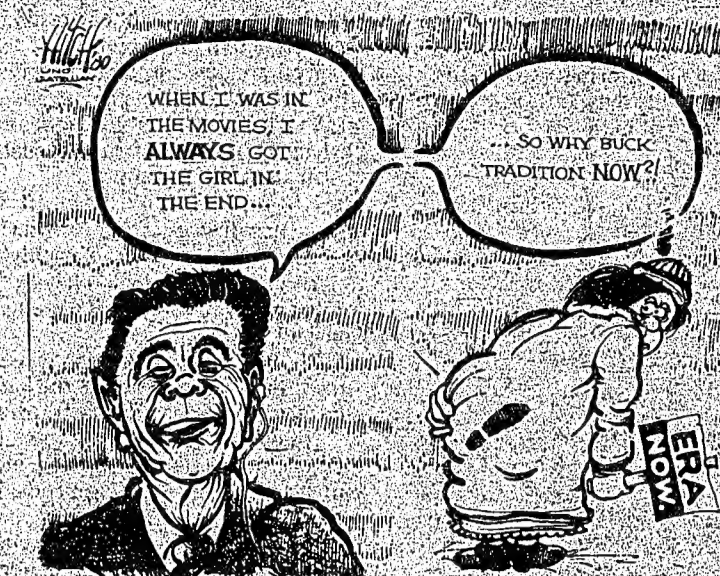
be given to undergrad instruction and research in the natural and physical sciences as well as selected business administration grad and undergrad instruction (including an M.A.M. in accounting).

Undergraduate music instruction and public service would receive support as would the university Freshmen Development program and so on.

Suggested for elimination are (get this): undergraduate degrees in English and Foreign languages, certificates in Gerontology (a department in its nascent stages), the Fine Arts Press and the Goodrich Program (which is out of the jurisdiction of UNO administrators and the Regents since it is not costing them a dime).

These sadistic suggestions imply that there is a correlation between economics and the proposed cost — which there is not. There is no "financial crunch" at UNO, or in the UNL system, for that matter.

An analysis of the funding over the past five years (which I have taken time to research and document) will clearly show that the Legislature has not encouraged program/curriculum expansion the same way it has physical expansion, i.e. the HPER building, the downtown UNO complex and the refurbishing of the old Eppley Library. What we find, in my opinion, is priority being given to



make UNO aesthetically appealing and academically appalling.

After all, with nothing but vocational courses to offer — which would also mean a reduction in student population — the rip-roarin' Regents would have reason and rationale to turn UNO into a trade school that would complement UNL's "academic" orientation.

Since they are so concerned about saving money, try these suggestions on for size: (1) since a plethora of new offices and titles have proliferated at UNO within the past 8 years, take a look at them (2) Administrators make at least 20-30 percent more

in salary than the faculty (who are in the trenches with us) (3) merge the positions of the Vice-Chancellor for Academic Affairs and Vice-Chancellor for Education and Student Services (why separate the two when just the fact that one is a student makes one's "affairs" academic); (4) delete the Ombudsman's position, because the only thing this person does is act as a liaison — but in the process, something is lost. Let students state their own cases, not someone who is working FOR the system!

Cut the salaries of some of the administrators at this place. It is the instructors who deserve the big salaries, since they are the ones who have to give us that so-called education. And based on the caliber of students I've seen in some of my courses, UNO instructors deserve a type of "tolerance fee" for just putting up with this garbage.

As students at UNO, we are going to have to stop letting history happen behind our backs. We have to remember that those making the policies are only MEN, give titular power by other men.

The time and energy expended

(continued on page 6)

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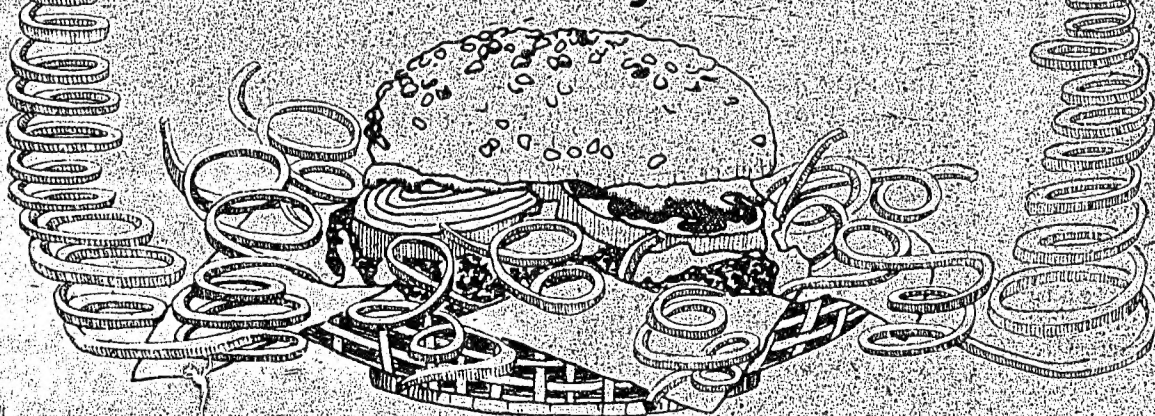
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BY MIKE KOHLER
Gateway Feature Editor

Went down to one of my favorite watering holes the other night, only to find that I couldn't get in the door because I was wearing a tank-top shirt.

A female companion was told that women in sleeveless shirts were permitted to enter because "they shave their underarms." This proclamation raises several questions.

First of all, is there an underarm check at the door? What about women with unshaven armpits? For that matter, would men with clean-shaven underarms be admitted? Most importantly, why the ban on sleeveless shirts in the first place?

Perhaps male patrons are offending when they raise their arms to clap to the music. After all, commercials tell us men perspire more.

It's ironic that such a rule is being enforced at this particular place. The best musical

event of the summer to date was the torrid show there by The Nighthawks, and a house full of sweat-soaked partiers had a hell of a time. Beaded foreheads and bare chests (for the men) were big that night.

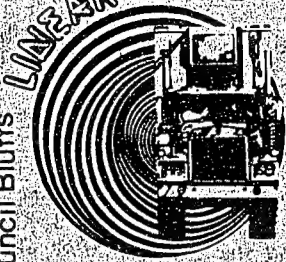
This weekend marks the return to the local rock scene of guitarist Mike LaMontia, whose bum leg has kept him from his duties with Skuddur. The Skuddur gang will be at the Lifticket, a tiny place designed for intense (i.e., loud) rock and roll experiences.

We've got an interesting collection of concerts coming up. The one that just happened (the Heart concert, which took place after press date) was more than likely a winner, even if quantity had to make up for lack of quality. Report coming up next week.

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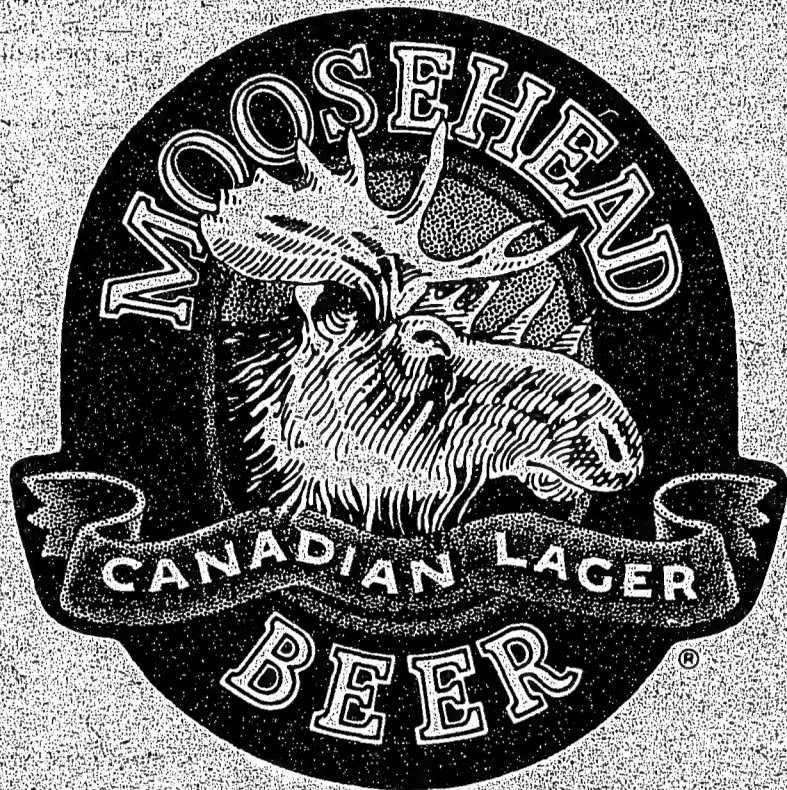
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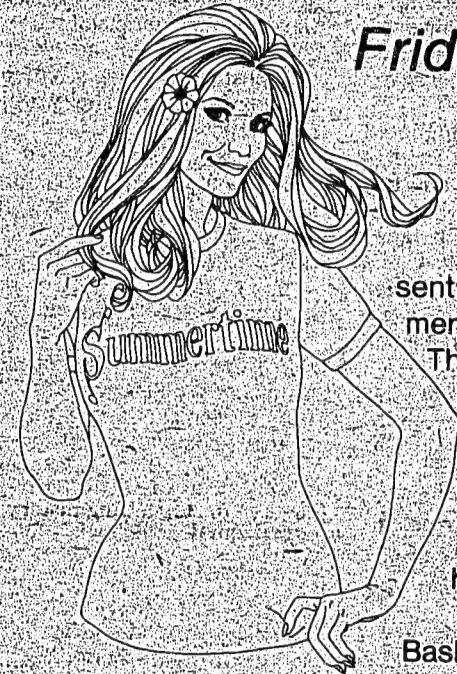
Friday Nite Fling

Campus

Recreation is proud to present its second summer mini All Nighter.

The All Nighter will be held on July 25 from 8 pm to 2 am. Some of the events which will be held are: Beeper Ball, Kangaroo Basketball, Anything Goes, and a Movie on

the Sundeck, and Open Recreation throughout the whole night. One guest may be brought with any Faculty/Staff/student who has a valid ID card.



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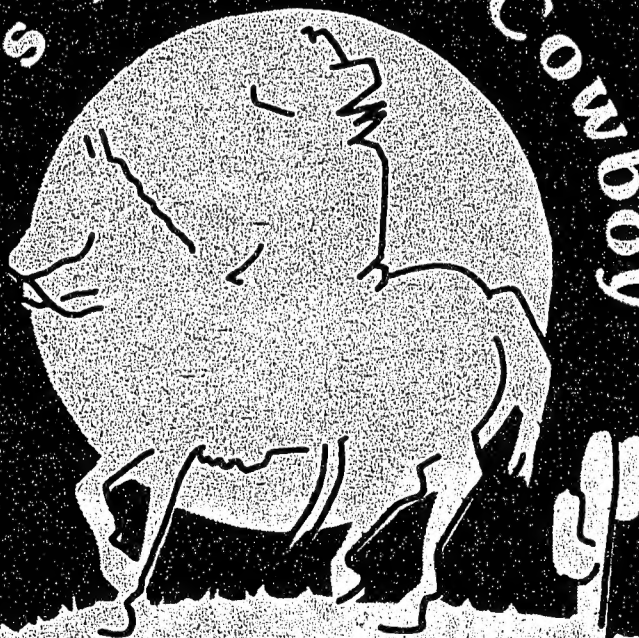
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UNO student supports sterling cast at Upstairs

An excellent cast in the current Upstairs Dinner Theatre production, "Come Blow Your Horn," led me to a couple of conclusions: 1) I should no longer expect dinner theater plays to be pap that no college-age person could enjoy, and 2) I should expect the Upstairs company to continue its pattern of turning out quality products.

Past dinner theater experiences had convinced me that supper shows were for the Lawrence Welk crowd, occasions for celebrating anniversaries with some polite chuckles stirred in.

"Horn," however, is filled with Neil Simon humor, i.e., the kind that produces genuine laughter because it is genuinely funny. The trick involves clever updating of the material by a skilled director (in this case, Don Ruble)

and convincing, enthusiastic interpretation by the cast.

This show has both, including a bonus — a fellow UNO student is one of the four cast members who sparkle in outstanding performances.

The plot revolves around the apartment of Alan, the swinging 33-year-old bachelor who almost needs a revolving door to accommodate the female traffic. Labeled a bum by his father, and boss in the waxed fruit business, Alan is surprised by baby brother (of 21), Buddy, making his first attempt at leaving the nest.

Plot twists

Adding complexity to the story line are a "special girl," the only non-sex-object in Alan's life; a "dizzy dame" who facilitates another first attempt of Buddy's; and a pair of loving, but incessantly manipulative parents

who always seem to arrive when least expected or desired.

As could be expected, WOW's Dave Wingert is a charmer as the charmer. Wingert shook off opening night jitters after about a minute had passed, and the ease with which he handled his part seemed to help the play jell. When he's pressured to marry the "special girl," Connie, Wingert hedges with "I'm like a kid with a few chocolates left in the box. I just have to finish them."

Buddy, played masterfully by Ralph Caldwell in his Omaha stage debut, is just starting to work on a full box of candy. Upon his arrival at Alan's apartment, having run away from home, Buddy is adorned in a mournful gray suit, horn-rimmed specs, and a personality as fiery as that of a sloth.

Alan sets out to transform Buddy, and Caldwell's portrayal of the bewildered novice is one of the show's brightest spots. Especially pleasing is the scene in which panic-stricken Buddy, expecting a voluptuous babe to arrive at any moment (and that's causing anxiety enough), must get rid of his doting mother, a surprise visitor played by Sylvia Wagner.

After accomplishing that, Buddy must contend with a furious father who has now categorized his younger son as a bum for leaving home. As the blustery father, Frank DeGeorge gives a performance of note. Though he is not provided with many gag lines, DeGeorge's delivery and presence are enough to elicit laughter as he bawls out the boys.

Stacy excels

In a supporting role as the red-headed equivalent of the dumb blonde, UNO's Stacy Brogdon is absolutely adorable. The tendency by some actresses is to overplay this type of part, squeaking too much in high-pitched voice or over-prancing in spiked heels. Brogdon, however, was flawless as well as gorgeous, making one wish her part was expanded.

As Connie, the designated goody two-shoes, Sharon Phillips was kind of a drag for two reasons. First of all, overexposure hurt. Phillips plugged drinks during the pre-show and hustled season passes between acts, which may have given some of the audience trouble in placing her in the play.

Also, the part of Connie was pretty bland, with seemingly no emotional peaks and valleys; she

and the part just didn't have the pizzazz to keep up with the likes of Wingert, et al. Furthermore, I thought the Wingert-Phillips kissing scenes were bad — puckering practice needed.

Wagner, though she may be Jewish, just didn't seem domineering enough for the stereotypical Jewish mother role. Her lines didn't seem to flow smoothly, with a stilted delivery jeopardizing a marvelous sequence in which she takes a string of phone messages for Alan.

Smooth mechanics

The set was simple, unobtrusive. The only kink in the works involved the ice supply at Alan's bar. The supply should be replenished between acts, as Buddy and Alan found themselves dipping their hands in ice water.

Credit Fran Howlett Nogowski with clever costuming. The clothing matched the characters, with Wingert and Phillips tastefully attired. Brogdon's apparel, though, was particularly apropos. In Act I, the bombshell wore a yellow jump suit that was simply smashing, and cherries embellished Brogdon's hair and the black pumps she wore, a super touch.

Nogowski also arranged the pre-show musical entertainment, a tribute to New York City called "The Empire State Strikes Back." Wingert, who undoubtedly had to satisfy an urge to sing, highlights the pre-show with "New York, New York."

Praising Hap Abraham's buffet is an exercise in redundancy, but I ate so much of the great layout, I can use any kind of exercise.

— Mike Kohler

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HA — HA — HA



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Hansen plan

(Continued from page 4)

in trying to restrict, degrade and control people "they don't like" (i.e., me) had better go into testimonies before the Regents, communication with faculty and pressure on your so-called "student leaders."

Keeping in mind the words of McGrath, understanding what the REAL function of a university is supposed to be, and becoming audacious enough to actualize the two, we will be an instrumental part of the change that is necessary, we will leave behind a legacy and legend of love that those who follow will appreciate and benefit from.

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SPO PRESENTS



WOODY ALLEN'S what's up tiger Lily?

Written & Directed by Woody Allen
Co-Starring China Lee

Friday, July 25

All shows will be shown on the lawn of the Fine Arts Building, beginning at 9:30 P.M.

ALL SHOWS ARE FREE

Dealing with stress...

(Continued from p. 1)

last year. Gust said, in the past women were less likely to develop serious health problems caused by stress. Women were stereotyped as usually late and less aggressive. "More and more, women are developing assertive and success-oriented behavior. It is no wonder that more women are dying of heart disease everyday," Gust added.

Gust believes the use of "tranquillizers is a disastrous means of coping with stress" that leads to either addiction or a "habituation to drugs."

One drug that Gust was not so critical of was Inderal, a drug that Music Director Dr. Tom Brantigan of Dundee Presbyterian Church has given to "severely incapacitated people"

suffering from stage fright.

Gust said Brantigan has received national attention for his method of handling this stress-filled situation.

The drug apparently blocks brain stimulus to the heart, which would help the person maintain a lower pulse rate and reduce his blood pressure.

Gust emphasized in afterthought that coping with the cause of stress was by far the best method of reducing body reactions to the frustration and tension.

So whether it be jogging a mile a day or having a beer after work, now is the time to change your behavior if you are a type A. If you don't, you could soon become one of the many Americans coping with heart disease.

Sports News

Omaha powerlifters head for Nationals

By MIKE WALTON
Gateway Sports Writer

On August 9 and 10, several Omaha teens, including some from UNO, will be attending the National Powerlifting Championships in Chicago.

Leading the group into competition will be former Maverick football player Mark Schelle.

Schelle, a 181-pounder, set an unofficial national record during a tournament earlier in the year and will be out to duplicate that feat at the tournament.

At 114 pounds is Lee Larsen, a student at Burke High School who has won two Nebraska powerlifting titles and has a state record of 825 pounds in his weight class.

When he goes to the nationals, Larsen will be going for 960 total pounds, including a 370-pound squat attempt which would be a new record.

Larsen said powerlifting, unlike other sports he has participated in, demands constant practice. He added that it has helped him in other sports too. "In wrestling," said Larsen, "I have improved 100 percent because of powerlifting."

Two other Nebraskans going for records are brothers Tim and Jim Smith of Blair.

Jim is a 114-pound junior at Blair High School, while his brother Tim, a graduate of Blair High, lifts at 132 pounds.

Amazingly enough, Tim started powerlifting only a year ago, yet he is going for a national record in his weight class.

Also going to the meet is Barry Stadler, a graduate of Burke High School, who will be lifting in either the 132- or 148-pound class.

Before going to the meets, the lifters have to pre-register and pay entry fees. They are weighed in and must be within one-fourth of a pound. At the national tournament the figure is one-eighth of a pound.

The squat is the first event, followed by the bench press and the dead lift. Contestants get three tries to attempt the weight they desire to lift.

Three judges determine if the lift is good. The lifters must make the lift in the squat to go on to the bench press, and must also make the bench press to go on to the dead lift. If that is made, the lifter can compete for the most weight.

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MAENNER CO.

idyll chatter

(continued from p. 5)

on that event.

Here's a rundown on concerts soon to happen.

Tomorrow night, Judy Collins at the Orpheum. Judy's voice isn't what it used to be. Besides, aren't you about burned out on Judy Collins?

Tomorrow night Cameo at the Auditorium's Convention Hall. The funk alternative to "send in the Clowns." Three soulful groups in the comfortable cabaret setting.

Monday night, Melissa Manchester at the Orpheum. This woman provides the kind of excitement Judy Collins wishes she herself could. Don't miss her. She's great (not to mention

a fox).

Saturday, August 2: Alice Cooper in the Arena. Alice was one of the first punks and deserves recognition for that alone. He's gone pretty Hollywood, but it's still Alice Cooper. Just think of all the people who hate him.

Friday, August 15: Poco at the Music Hall. A good setting for a fine band that has shown staying power. They'll probably get a boost by all this cowboy crapola.

Saturday, August 16: Harry Chapin at the Music Hall. Oh, wonderful! Morning television in the evening. Save the whales, but imprison Harry Chapin.

Our thanks to the Puppet Theater in the Market for showing the Jimmy Cliff film, "The Harder They Come." The reggae soundtrack, of course, was the best part, and the anti-hero theme was amusing.

Boy, this extraordinarily dry summer has produced a high number of whiskey drinkers! A lot of folks are discovering how much buzz there is in a bottle of J.D. And it's less expensive than \$30 halves.

Hey, Nancy "Twinkletoes" Reagan! Walk much?



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I AM LOOKING for someone to carpool with to UNL this fall. Schedule 7:30-11:30 a.m., Monday thru Friday. Call 733-6726.

WANTED: PEOPLE for 5-week 1 credit classes Fall Semester. Need electives? How about Criminal Justice 480, Organized Crime, or White Collar Crime, or Terrorism.

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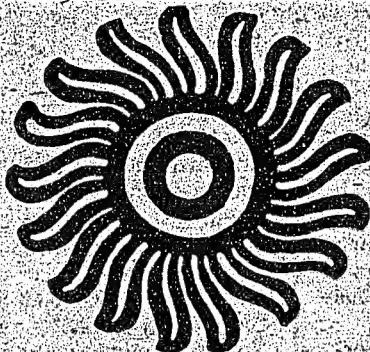
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